



MOTORCYCLE ADVENTURE LIST

Make a list and check in twice...

Here are some ideas on what to bring on a long trip. You may have thought of many of these and there may be a few new additions! If you develop a checklist it will help you remember (almost) everything.

CLOTHES

Underwear and Socks
(and yes people forget these basics)
Tee shirts
Long sleeve shirts
Sweatshirt/sweatpants
Bathing suit/towel
Shorts
Sleep wear (optional depending on traveling companion!)

Boots, sneakers and sandals
Riding jacket (Leather or otherwise)
Light jacket ("baseball" or denim jacket)
Leather Vest
Gloves – multiple pair (for hot, warm, cool, and cold weather!)
Raingear
Jeans/Riding Pants
Helmet/shield
Hats or caps

Birth certificates, passport, license, picture I.D.

BIKE

Bike, trailer and windshield/bike cover
Tools for bike and trailer
Spare light bulbs (for bike and trailer)
Bungee cords & Tie-downs
Extra fuses
Extra quart of oil
Spare tire for trailer

Siphon hose
Tapes/books on tape
Cleaning rags, wax and cleaners
Backpack for fluids (keep hydrated!)
GPS unit (high-tech) and Maps (low tech)
AAA books
Weather alert radio
Air gauge/Air hose

MISCELLANEOUS

Cooler (2 fluid containers to freeze water & juice)	Cell Phone
Flashlight (extra batteries)	Munchies
Umbrellas	Fruit (melon travels well)
Folding chairs	Granola/snack bars
Moisturizing lotion/sun block (Sun block comes in wipes too!)	Peanuts
Camera and film (extra batteries). (Disposable cameras? Digital camera?)	Gum
Bug spray, chapstick	Water to DRINK (often)
Prescription medicines	Video camera/ extra batteries & film
Traveler's checks/money (ATM cards – Credit Cards)	Journal to keep notes, games, books, etc.
Lodging confirmations and information	Paper towel and Toilet paper
Toiletries (shampoo, dental articles, hair dryer, deodorant, curling iron, makeup (opt), jewelry)	Plastics bags (assorted sizes)
Medicines (simple first aid kit with aspirin, Tylenol, eye drops, alka-seltzer/Tums, Band-Aids, decongestant, etc.)	Bag for dirty laundry, detergent, dryer sheets, Address labels (to send postcards and such), telephone numbers, fax numbers, email addresses Index cards for daily routes
	Club Contact information (Goldbook/GWRRRA, HAK/Red Knights, etc.)

*****Emergency Contact Information*****

Every rider should have a list of emergency contact information for themselves and every other rider. Who to call in case of emergency. Physician name and contact information. Any medical issues. Bike insurance and roadside service information.

THINGS TO THINK OF BEFORE YOU LEAVE HOME!

Cancel newspaper and mail delivery	House Checks
Leave a list of numbers for someone at home incase "home" has an emergency (plumber, electrician, and to contact you!)	(Whose watching the house – Police, neighbors, family? Who has key?)
Review possible house problems	Get travelers checks and cash
Remember issues like chemicals for your pool, heating issues, and any deliveries that may occur	Buy post card stamps
Leave copy of Itinerary at home	Get AAA for books and maps needed for trip
Print address labels for post cards	Water the plants, shut off all appliances, unplug TV's, VCRs, and Computers and disconnect computers from telephone lines (to protect during lightning storms)
Shop for food (to take on trip with you)	
	Leave, don't worry about home or work and have a great time!