



The Spring 2019 meeting is being hosted by  
Massachusetts-1

*From the desk of the Massachusetts Red  
Knights State Representative*

Greetings all Massachusetts Red Knights!

This is the 15th Edition of the Massachusetts state Red Knights news letter. Without the production of this newsletter, you would suffer even greater anguish by the increased number of emails from me, your state rep. Thank you to Bob Laford for putting this missive together.

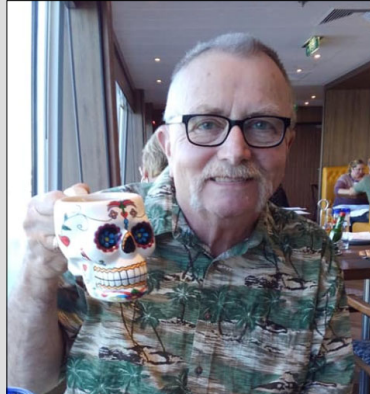
I was originally elected to this position in October of 2010. At the fall meeting held October 20th this year I was re-elected (by default). I promise you that I will do everything in my power to maintain the Massachusetts Red Knights as the best State Red Knights organization in the world.

The 2019 Yankee rally is being hosted by Mass 15 in the spring. It is located in Marlborough, Massachusetts at the Best Western Royal Plaza Hotel & Trade Center. I look forward to seeing a large turnout of Massachusetts Red Knights at the rally in support Mass 15 and their planning team and all their efforts.

Fall is upon us and the colder weather, including snow, will be flying into the area soon. Unfortunately it is almost time to put the bikes away for the winter. Take some time to prepare them for their winter's nap — and they will be ready for another year of riding when the buds poke through the New England ground next Spring.

Ride safe and have a happy, healthy winter.

George Colby  
MA State Rep.



### **2018 International Elections**

2018 Voting for the International Executive Board Officers had no contested positions. The International did not have to do ballot elections and all those running were re-elected by acclamation.

Congratulations to Spike Ostiguy, MA-4 on his re-election as Vice-President.

Chris Gadway has announced that he will not be seeking re-election, and while attending the European RKMC Convention Norm Beausoleil (MA-1) announced his intention to seek the President's position in 2019.

Congratulations to George Colby on his re-election as our State Rep. at the Fall State Meeting

### **2019 Yankee Rally (May 31-June 2)** **A gathering of Region 1 Red Knights**

The 2019 Yankee Rally will be held at the Best Western Royal Plaza Hotel & Trade Center in Marlborough, MA on May 31-June 2, 2019 — Hosted by Mass-15, with support from other chapters.

The host hotel is now taking reservations.

The Best Western ( Royal Plaza Hotel and Trade Center)  
181 Boston Post Rd. West — Marlborough, MA. 01752  
508-460-0700

Tell them that you are booking for the "Red Knights Yankee Rally" and you will receive a price of \$139.00 a night which comes with a free all you can eat buffet breakfast. You MUST book your room by May 6, 2019 to receive the special room rate.

The hotel has already told us they will NOT extend this date.

Registration forms are included with this newsletter.

If you'd like to receive future notification for the 2019 Yankee Rally, the Face Book page is "Yankee Rally 2019"

*(Refer to the fall Massachusetts RKMC meeting minutes for more details on the 2019 Rally)*



## RED KNIGHT CRUISE TO BERMUDA

Our Norwegian Cruise didn't go quite as planned. Only two RKMC couples were on board for the trip. Hurricane Florence was bearing down on Bermuda and the port was closing so we were notified at shortly before leaving home that we would now be traveling to Nova Scotia, New Brunswick and Maine. We had just enough time to toss in a sweatshirt and some shoes and socks!

We met another retired firefighter couple from Providence, RI while standing in line and ended spending the week with them and a retired firefighter couple from Newton, MA. We did meet the other Red Knight couple at our safety drill but didn't run into them again on the cruise.

### New Hampshire Bans Motorcycle-Only Roadside Checkpoints

Motorcycle-only roadside checkpoints first appeared in New York in 2009; functioning like sobriety check-points, motorcycle-only checkpoints (MOC) allow law enforcement to pull over motorcyclists without cause, for an on-the-spot safety, license, and helmet inspection. Since then, these so-called safety checkpoints have popped up across the country and have sparked controversy as opponents claim invasion of privacy and discrimination against motorcyclists over the operators of other motor vehicles.

Nineteen states now bar such road blocks either through legislation or judicial proceedings and in 2015 Congress banned the use of federal funds for MOCs as part the FAST Act highway bill. Yet, they continue to be a problem for bikers in some states.

Recently the "Live Free or Die" state enacted Senate Bill 516 to prohibit motorcycle-only checkpoints outright. Signed by Governor Chris Sununu on May 30, 2018, effective immediately; "No law enforcement officer or agency shall establish or conduct motorcycle-only checkpoints."

Our first stop was Halifax, Nova Scotia where we walked the boardwalk along the waterfront, tried Poutine for lunch and learned the history of the explosion of 1917. Boston sent relief to Halifax following the explosion and to this day still receives an annual Christmas Tree in gratitude.

We hopped a tour bus to Fairview Lawn Cemetery where 150 of the Titanic passengers are buried. Who knew, there really was a Jack Dawson on the ship and he is buried there! There is also the tomb of the unknown child, who after many years and many DNA tests was identified in 2011. The eerie part, the day we visited was his birthday.

The tour continued on to Peggy's Cove. Lighthouses are a personal favorite of mine so there was nothing wrong with that stop! Amazingly you could see grooves formed in the rocks when the glaciers receded.

The second port was Sydney, Nova Scotia; home to a GIANT fiddle. We enjoyed a private music presentation and snacked on tea and oatcakes.

The 3<sup>rd</sup> port was Saint John, New Brunswick (where our 2021 RK Convention is being held). Once again we hopped a tour bus and got some history of the city. Sadly the reversing falls were at almost high tide, so no falls, it was about to reverse.

Our last port to visit was Bar Harbor, Maine. The port isn't big enough for cruise vessels so we boarded a tender to go ashore. We walked the streets window shopping and poking in and out of shops; we had lunch at the Thirsty Whale and made our way back to the ship. It was quite interesting watching them work the davits to launch and retrieve the tenders.

The food onboard was amazing (so were the drinks!). One could learn to get use to Baileys and coffee after breakfast.

We tried some foods we had never eaten before, and visited places we had been to before but saw them differently. It was an outstanding week, weather was perfect, and we made new friends along the way.

PS: the casino was good to us.....



## 2018 YANKEE RALLY

Hosted by NY at the Best Western in Clifton, NY



A large contingent of Red Knights from Region-1, eastern Canada and beyond were on hand to enjoy NY 12 and 29's hospitality at this year's Yankee Rally.

Those arriving on Thursday were treated to a ride to and dinner at PJ's BBQ in Saratoga Springs. A bonus was the restaurant's standard bike night, as well.

Friday events included a ride to the dirt track races. Rain moved in, cutting the races and the ride short. Awaiting all was the hospitality and socializing "under the big tent" at the hotel.

During Saturday's meeting, discussions were on the location of the 2020 Yankee Rally. Several locations were brought up by the decision was made that we will be heading north in 2020 — to Plattsburgh, NY Saturday was also more ride options, after the meeting. Some had an escorted ride to the NY Firefighters' Home (and museum) in Hudson, and others visited the USS Slater, a WWII Destroyer Escort on display in Albany.

Saturday night all enjoyed a pig roast under the tent. There were many



raffle prizes given out, including a beautiful hand-made quilt. There was plenty of socializing that evening with dancing, and even karaoke by our Assistant State Rep. *(Thankfully this is not a video-blog where we could re-broadcast that performance!)*

The Sunday send-off breakfast had us all saying so long — although some were soon to gather again in nearby Lake George for Americade.

A good time was had by all!

## Fall State Meeting

At the state meeting on Saturday October 20th Bob Binnall the chairman of the 2019 Yankee rally gave a 2019 Yankee Rally report that included free registrations to all founding fathers and their significant others who wish to attend.

A sympathy card was passed around and given to George Colby to share with his wife for the passing of Sandy's dad. Massachusetts chapter 11 gave George a copy of a letter sent to International Treasurer Scott stating that Mass chapter 11 is officially closed and those members wishing to remain Red Knights have joined Mass 9.

It was voted that going forward the state will repay the host chapter up to \$50 for coffee and donuts. As long as there is a receipt for the treasurer. The host chapter may, at their discretion, put out a donation box. It was reiterated that lunch is not expected at any state meeting.

It was discussed that (generally) chapters remove a members name from the chapter roster when they pass away. It was agreed that we should pay homage to those members by maintaining their name on the roster with their address line containing the words Heaven One.

Mass-4 member and International vice-president Spike Ostiguy will present this idea to the board of directors at their fall meeting to see if they will consider making this a chapter's option.

### Red Knights have big hearts!

Each morning "Peggy" on staff with the hotel was ready to wish us a good morning as she ensured we all had enough breakfast to start our day. We learned that she was hearing impaired and had hearing aids previously, but they no longer functioned and she could not afford new ones.



Those RKM on hand raised donations totaling \$1,700 to get her new hearing aids and Bob Hollner made the emotionally charged presentation to her.

## Americade 2018

Americade is always a homecoming of sorts for our Red Knights family, and 2018 was no difference, with several hundred Red Knights journeying to Lake George to enjoy the roads, the wares, and the friendships.

A little bit of rain was around for part of Monday, but all those in attendance can attest that this year's weather was some of the best we can remember!

For Americade itself, The Expo was moved from the state parking area at the end of Beach Road to the village's park along West Brook Road. You



could park your bike once, see all the vendors, and visit Ft. William Henry and the seminars and dealers without having to leave and park your bike a second time. Booked as the place to see more demo rides than any other rally, registered Red Knights were able to climb aboard demo rides during the name a few. Harley has passed their nearby Fort Ann was the location for those demos.

The open house at LGFD was well attended with RK members from around the region (and beyond), with plenty of wares to look at, friends to talk with and a meal to share thanks to our RK New York family.

As always, it's the roads that draw many to Lake George and the neighboring Adirondack Mountains. Billed the largest National Park we have, there are thousands of great roads, great views, and great attractions that keep us all coming back year after year.

Mark the first week in June on your 2019 calendar and come join us in Lake George!



Posted on the "All RK Members" Facebook page: "On behalf of NY III I would like to take this opportunity to thank all of those that attended the Americade Olympic Ride hosted by RKMC NY III. Despite the cool temps and threatening clouds almost 100 people attended. I have heard many good comments on the ride, the stops and of course the once in a lifetime picture stop at the Olympic Ski Jumps. It was great to see so many Red Knights from many different chapters come together to enjoy the beauty of the Adirondacks as well as the camaraderie of the RKMC! Special thanks to the Indian Lake and Lake Placid FD's for their tremendous hospitality! Last but certainly not least thank you ALL for making this a safe and successful ride. Hope to see all of you and many more at next year's ride! Until then ride safe brothers and sisters!!"

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2018 Was a year with some changes in the operation and layout of Americade. One major change was that the Americade parade on Saturday morphed into a Ride for Kids with a 40 mile scenic ride that ended back on the shoreline of Lake George. As in years' past, the Red Knights were prominent in the front of the entourage. All-in-all, \$14,000 was raised for the Pediatric Brain Tumor Foundation through the Americade version of the Ride for Kids! Great job everyone!

In its third decade, the Ride for Kids has raised tens of millions of dollars for the Pediatric Brain Tumor Foundation. The PBTfUS is the largest non-governmental contributor of funds towards pediatric brain tumor research.

In Massachusetts, the 2019 New England Ride for Kids will be August 25 at the Bose complex in Framingham.

week with Yamaha, Honda, BMW, Indian, and Motoguzzi to demo operations off to the local dealers, and McDermitt's in

## Dehydration, Over-Hydration & Electrolytes, Oh My!

Why is proper hydration important? Why would a motorcyclist even need to worry about hydration? It's not like we're exercising or exerting ourselves. Anyway, I drink plenty of water when I'm out riding, so I'm good...right?

Wrong. We not only need to work to stay hydrated, but must watch the other part of the equation—electrolytes.

So what are electrolytes? According to the U.S. National Library of Medicine: \*Electrolytes are minerals in your blood and other body fluids that carry an electric charge. Electrolytes affect how your body functions.

You lose electrolytes when you sweat. You must replace them by drinking fluids or consuming foods that contain electrolytes. Water does not contain electrolytes.

Four of the most important electrolytes are: **Sodium.** Found in basically any smoked, cured, salted or canned meats, and salted nuts. **Potassium.** Good sources of potassium are baked potatoes, sweet potatoes, bananas, canned clams, spinach, lentils and milk. **Calcium.** It really does your body good. Sources include milk, kale, yogurt, broccoli, watercress, cheese, bok choy, okra and almonds. **Magnesium.** This overlooked element is necessary to the cellular functions of all known living organisms. Spinach, chard, salmon, cashews, avocados, dark chocolate and pumpkin seeds are all good sources.

The pendulum can swing both directions when we are talking about electrolytes. It's possible to have too much or not enough. Your risk of overdoing the electrolytes is small as long as you consume sports drinks in moderation and balance your intake with plenty of water.

The key word is balance—one of the most dangerous problems, is called hyponatremia, and it can be life-threatening. Hyponatremia is a big fancy word that means you over-hydrated with water (because you were being really good and drinking your water) and now you have depleted your electrolytes. What is really happening is you drank so much water that you have diluted the sodium in your blood

and overwhelmed your kidneys.

Some symptoms you may experience when this happens are:

- 1) Lethargy—a lack of energy.
- 2) Confusion (mild or severe)—“Wait, is that my horn? I meant to set the cruise control.”
- 3) Headache.
- 4) Muscle weakness—“Wow, this bike feels extra heavy. I must be tired!”
- 5) Muscle twitching/spasming/cramping.
- 6) Digestive cramping/diarrhea/constipation.
- 7) Swelling—“Geez, my fingers feel so tight when I try to bend them. They feel like sausages!”
- 8) Lightheadedness.
- 9) Feeling very thirsty.
- 10) Change in appetite.
- 11) Sudden drop in body weight. (Don't celebrate...this is NOT a good thing.)

In very severe cases seizures and coma or death can occur.

So when do you need to replace your electrolytes?

As a rule of thumb, if you have been sweating (not necessarily profusely or even exercising, just sweating) for more than 60 minutes, you probably need to hydrate and replace some electrolytes. This means drinking a sports drink, or water along with some of the foods listed above.

Your body's rate of electrolyte loss will depend on many

factors, such as metabolism, age and even what you ate for breakfast. But you are more prone to lose electrolytes more rapidly (and therefore need to replenish more often) or your body already has a higher water-to-electrolyte ratio if you are:

\*Over 55 years of age.

\*Female.

\*Diabetic.

\*Obese.

\*Taking prescribed diuretics, antiepileptics, Benzodiazepines or some psychiatric medications.

Another side note is to try and stay away from tea, coffee and sugary drinks while trying to accomplish anything that requires endurance. If you do partake in more than one cup of tea, coffee or a sugary soda then you may need to add a few more electrolytes to your intake.

How you decide to replace your electrolytes is up to you, what's important is that you do it! It takes more focus to ride a motorcycle than it does to drive a car, and is prudent that we follow good nutrition and proper hydration that includes water and electrolyte replacement on long journeys.

Ten Common Supermarket Sports Drinks

|                        | Sodium | Potassium | Calcium | Magnesium |
|------------------------|--------|-----------|---------|-----------|
| <b>Gatorade</b>        | 160mg  | 40mg      | 0mg     | 0mg       |
| <b>Powerade</b>        | 100mg  | 25mg      | 0mg     | Trace     |
| <b>Vitamin Water</b>   | 0mg    | 0mg       | 0mg     | 0mg       |
| <b>SoBe Life Water</b> | 32mg   | 9mg       | 0mg     | 0mg       |
| <b>Mizone</b>          | 0mg    | 0mg       | 0mg     | 0mg       |
| <b>All Sport</b>       | 85mg   | 90mg      | 0mg     | 0mg       |
| <b>Accelerade</b>      | 190mg  | 65mg      | 0mg     | 0mg       |
| <b>Lucozade</b>        | Trace  | 0mg       | 0mg     | 0mg       |
| <b>Propel</b>          | 120mg  | 36mg      | 0mg     | 50mg      |
| <b>Smart Water</b>     | 0mg    | 10mg      | 10mg    | 15mg      |

The More Natural Route

|                                            | Sodium | Potassium | Calcium | Magnesium |
|--------------------------------------------|--------|-----------|---------|-----------|
| <b>10 oz. Minute Maid Apple Juice</b>      | 25mg   | 430mg     | NA      | 8mg       |
| <b>Tomato Juice (1 cup)</b>                | 654mg  | 556mg     | 24.3mg  | 26.7mg    |
| <b>11.5 oz. Simply Orange Orange Juice</b> | 0mg    | 640mg     | 20mg    | 32mg      |
| <b>Prune Juice (1 cup)</b>                 | 10.2mg | 706mg     | 30.7mg  | 35.8mg    |
| <b>8 oz. VitaCoco Coconut Water</b>        | 25mg   | 470mg     | 40mg    | 16mg      |
| <b>1 cup Silk Chocolate Almond Milk</b>    | 230mg  | 130mg     | 450mg   | 24mg      |
| <b>Fat Free Milk</b>                       | 128mg  | 410mg     | 504mg   | 27.2mg    |

## Red Knights International Convention 2018 Facts and Figures

- Pennsylvania Chapter 8 hosted the 2018 Annual International Convention in Pittsburgh in August
- This year had 482 registered guests, from 97 Chapters in 7 Countries
- All enjoyed a dinner and sightseeing cruise on the Gateway Clipper "Queen"
- Indian Motorcycle and Yuengling Beer were the main hospitality room sponsors for the gathering
- Fundraising efforts during convention were very successful, bringing in over \$3,700 going directly to the Joey-O Foundation for Autism Awareness
- Awards this year were:
  - \* Outstanding Contribution Awards Daniel Walsdpurger - France 2 & Roger Van Kollenburg - Australia 5
  - \* Perry Carter Award, Allen Billings, MD-4
  - \* Furthest Travelled, Roger Van Kollenburg - Australia 5
  - \* Furthest Travelled on Two Wheels, Oscar DeLeon - Texas 4
  - \* Most Registered Members, Ontario 12

Chapter Roster Confirmation Requirements: All chapters must submit an email to the International Treasurer quarterly with any or no roster changes. Each quarter, using your RKMC Chapter email address, you must submit any roster changes OR send an email stating there are no changes from the previous roster.

## The Gene Pool needs some chlorine!

Local news stations reported that authorities say a man traveled from Massachusetts to Maine on a scooter using only his cell phone as a headlight. Maine State Police posted a photo and description of the incident on-line. Police say a trooper stopped the motorized scooter on the Maine Turnpike in Kittery just before 1:30 a.m. on a Friday morning.

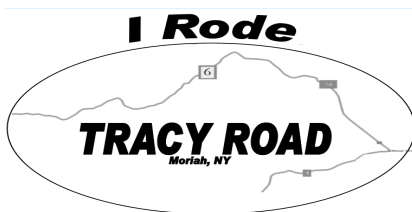


The 26-year-old driver said he had traveled from New Bedford, Massachusetts. He did not have a valid driver's license, and the scooter wasn't registered.

*"There are 220 million licensed drivers in this country, many quite competent — but we are up against many others who are distracted, drunk, drugged, or hopelessly incompetent — or just plain stupid." Clement Salvadori, Rider Magazine*

## BEEN THERE, DONE THAT, NEED THE T-SHIRT!

For any of us that have been up to Lake George for Americade, there is a pilgrimage about forty miles north through Moriah and onto Tracy Road.



Bob Laford and Rick Oliver from Mass-2 saw a rider wearing a Tracy Road T-Shirt when they were in Virginia in May. Upon investigation during this year's Americade they found that the Moriah Chamber of Commerce had produced the shirts a number of years ago.

Since the shirts are no longer in production, Mass-2 has taken on the production of a limited quantity .

Need to add this T to your collection? Contact the Mass -2 treasurer at [treasurer@rk-mass2.org](mailto:treasurer@rk-mass2.org)

## Mass Red Knights on the Cape!

The Red Knights Cape Cod Dutch Treat week-end was a great time again this year. Thanks to MA Chapter 8 and President Bryan LaRochelle for all their planning.

Once the fog and drizzle moved off on Friday it was another fun weekend together with other Red Knights! Friday evening kicked off with a fish fry at the Elks in Eastham and plenty of socializing.

Saturday was a guided ride along the shoreline and a stop in P-Town. Saturday evening was with some BBQ for dinner, followed by a campfire in Eastham at the McGrath's.

It was a resounding success.



2019

Lincoln, NH  
at Loon  
Mountain in  
our own  
back yard



will be the location for 2019. RK NH-9 are the hosts, and we all know the pristine riding, sites, and stops that will make New Hampshire a great place for the Red Knights to gather.

2020

Ninety miles north of Paris will be the first time that the Red Knights International Convention will be someplace other than North America! Our French planners (France-3) are making arrangements for bus tours to Normandy, other WWII sites, and Paris. There is also a great countryside waiting your arrival complete with castles — and bike rentals will be available.

2021

Keeping with an international flair, 2021 is being hosted by New Brunswick-1, in St. John's New Brunswick, Canada. NB and nearby Nova Scotia is some wonderfully picturesque scenery along the Bay of Fundy. Another convention that is a short distance from New England and the Northeast is sure to be a big turnout!

2022

Southwest Pennsylvania will be the host for 2022 in Johnstown, PA. Full of history, Johnstown Red Knights in PA-22 are planning to incorporate history into your visit, including the Great Johnstown Flood, the region's steel industry, 9-11 memories, and a celebration of the Red Knights' 40th anniversary. Initial plans include an Ice Cream Social, a nearby Firefighter's Convention and parade, and the many staples that make our conventions a blast!

Start your planning today and mark your calendar and your maps. It won't be long before we hit the road to gather the clan once again!

Are you one of the thousands that have always craved a good comic book as your literary masterpiece of choice? Oh — to have some of those original copies we traded off in our youth!

Comics are a large-scale commodity even today, but you do not need to head off to Comic-Con to fill your super hero fix, you can do it just by heading our for a ride.

AirGraffix (<https://www.airgraffix.com/>) is ready to help folks with a hankering for two-wheeled modes of super hero transportation, whether it's a classic like Spiderman or Wonder Woman or a more modern cultural figure like Boba Fett with their custom pop-culture motorcycle helmets. They're prepared if you love Marvel or if DC is more your style, to help you to show off AND protect your head.

These helmets can up both your



street cred AND your geek cred. Now you just need to find the matching motorcycle pants and jacket (and cape?) to complete what can be an awesome ensemble.

**Mass-2 celebrated their 35th anniversary** with a roasted pig — that was carved to perfection atop a motorcycle repair shop lift. Thank you to all who came from near a far to celebrate in Franklin County!



Taken from a posting by this year's Perry Carter Award recipient, Alan Billings, at the RKMC International Convention

When I was presented with the Perry Carter Award at this year's convention in Pittsburgh I was asked if I wanted to say a few words but at the time I was still shocked and couldn't think. So now time has passed and I have had reflect on my time as a member of the Red Knight family.

When Diane and I joined Maryland 4 in 2007 we were looking for a group to ride with that shared the same social and family values that we did. Our time in this organization has far exceeded what I was expecting. At first we just went with the flow of what was happening in the chapter really unaware of what the Red Knights was outside of our little corner of Maryland.

As time went on, as in every organization I have been part of, I felt the need to get more involved in the chapter eventually ending up as President.

During my growth in the chapter Chris Gadway invited me to attend a meeting of the Maryland State Association. Up until then I didn't really know it existed or what it was about. I began attending the quarterly meetings and got to know other Red Knights from around the state. I thought that was really cool that could get to be friends with others and become part of the greater family from the state. Once again I could not belong without getting more involved eventually becoming President of the state association as well as chapter president.

While Chris was an International Officer he attended several funerals and memorials. I rode with him on many of these. I was very humbled to have members from these other chapters not only genuinely thank us for being there but also include us in their celebrations of life following the funerals. I really was beginning to understand the family that this organization truly is.

I am constantly telling members of not only my chapter and state but anyone that will listen that if you do not get out your chapter's little corner of the world and go to rallies and conventions then they are missing out on what the Red Knights is all about. This great family of Red Knights from around the world is outstanding. When I joined if somebody told me I would be able to pick up the phone and call or send an email to people I would meet from all over the country and the world I would not have believed it. Now I could travel everywhere and have "family" to visit.

This has been an incredible journey for Diane and myself and will continue for years to come.

As a good friend has taught us to say  
RED KNIGHTS FOREVER! — Alan Billings

## Not tonight, deer: Tips to avoid hitting a deer on your motorcycle

(Excerpts from Revzilla's on-line "Common Tread" newsletter)

About 30 million deer now live in the United States. That's a lot of deer, and they adapt remarkably well to living in close proximity to people.



According to the Insurance Institute for Highway Safety, the five states with the highest risk of deer strikes are West Virginia, Montana, Pennsylvania, Iowa, and South Dakota. As that list suggests, there's not any particular region of the country where you're safe.

You know who is rarely surprised by deer on the roads? Hunters, because they know where deer can be expected, and watch for them. If you're going to ride in deer country — which basically means, if you're going to ride anywhere that's actually fun — you should learn to think like a hunter.

Deer populations peak in the spring, but the risk of hitting them on the road peaks in October, November, and December, during the annual rut. Deer are on the move at this time of year.

Although you can encounter deer at any time of the day or night, they are most active between dusk and midnight, then again at first light. Learn to identify edge habitat; prime food sources such as standing corn, mast crops like acorns, and orchards; and travel corridors like tree lines, hedgerows, and gullies.

Are you riding through prime habitat? Are you crossing a small gully (especially one channeled into a culvert)? Are you passing between a food supply and cover at dawn or dusk? Slow down and pay extra attention.

Deer are herd animals. If you see one crossing the road in front of you, be alert to others that might be following. If you see deer on both sides of the road, there's an excellent chance that as you approach, the herd will coalesce. This is especially true if there's one individual on one side and several on the other side; the solo animal will want to get into the safety of the herd when alarmed.

Play "What if?" with yourself. When you come across good deer habitat, ask yourself, "What would I do if Bambi jumped out from behind that bush?" Mentally rehearse applying the brakes and aiming for a gap with aggressive counter-steering, not target-fixating on the deer.

Don't ignore deer crossing signs, especially at peak times! Pay attention to roadkill; deer travel along the same paths and tend to be hit in the same places over and over. Anywhere that you could encounter deer you should also scan and assess the verges of the road. How close is the treeline? When was the right-of-way last mowed? If the grass in the ditch is waist high, you won't see deer until they step right onto the shoulder. Processing that additional visual information means slowing down for safety.

Use your lane position by being close to the centerline as possible. The theory is that deer enter the road from the sides, and because I want the ability to choose an escape path to either side. And don't over-ride your headlights! Seriously. Your motorcycle's headlights are probably not as good as the average car's.

Even if you do everything right, deer strikes remain probably the hardest crashes to avoid. Work to anticipate your next deer encounter, see it in time to avoid it and ride on after muttering, "Not tonight, deer."

## 2019 Red Knights International Election

International positions of President, Treasurer, Region 1,3,5 and 7 are all up for election/ re-election in 2019. Similar to this year, election ballots will only be mailed if there are contested positions.

Our Region-1 director position will be up for a vote. At the present time we do not know what Matt Mattera, our current Region 1 Director, plans are for his position.

International President Chris Gadway is not seeking re-election.

Nominations now have an opening date of January 1. This is to coincide with Chapters' rosters and dues deadlines. If the person being nominated and the person who is nominating them do not have their dues up-to-date, the nomination will not be accepted.

February 25<sup>th</sup> is the incumbent's deadline to notify the board of their intention to run again.

Nominations close on May 26, 2019. Voting opens on June 25<sup>th</sup> and will close on July 2nd. The election results will be announced at the annual business meeting on August 24<sup>th</sup>

A chapter's ballot will show up in the chapter's OFFICIAL email. You must vote from your chapter email ONLY for the ballot to count.

2019 are 35 year celebrations for both RK Mass-3 and RK Mass-4

We all know how special the Red Knights and our on-going friendships are across Massachusetts and the world and wish to CONGRATULATE these 35 year chapters!

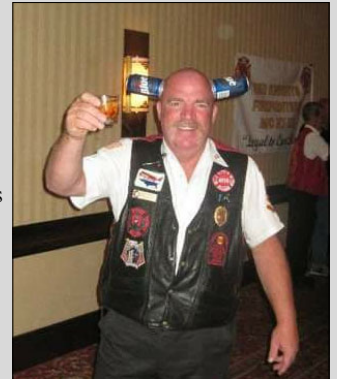


## Steve Mickle "Mr. Red Knight" Award

Kevin Martin, Chairman  
Terry Atwood, Vice Chairman  
Robert "Bob" Binnall, Member  
Deb Mickle, Member

Jay Cannon, Member  
Rick Oliver, Member  
Maury Lizotte, Member

The Mr. Red Knight Award can be awarded to a Male or Female Red Knight in good standing with their Chapter in the State of Massachusetts in memory of Steve Mickle. This award does not have to be presented every year. If the award is presented to a female, the award would be adjusted to incorporate Mrs. / Miss / Ms.



Any Red Knight from a Massachusetts Chapter can nominate another Red Knight from either their chapter or a member from another chapter for the Mr. Red Knight Award. The nomination letter must be in detail as to who you wish to nominate and explain in detail the reason you are nominating that individual. We, as the committee, will not do your homework. If the letter is too vague your nomination letter could be passed over. This letter must also include your name, e-mail address along with a phone number. Once you have completed your letter please forward it to Kevin Martin, Chairman at [rkma2prez@gmail.com](mailto:rkma2prez@gmail.com) or Terry Atwood, Vice Chairman at [tatwood000@aol.com](mailto:tatwood000@aol.com). The committee will then review the letters received and make a decision. When the recipient is chosen, the individual that nominated the person will need to arrange for that individual to be at either the spring and or fall State Meeting. The recipient must be present to accept the award, and this award is to be kept secret from the recipient.

The award is given to a Red Knight from any Massachusetts Chapter for their unselfish dedication of time, talent and compassion and is always going above and beyond the call of duty to assist fellow Red Knights.

Examples: Promoting the Red Knights: parades, bike shows, going to funerals and or wakes, helping other Red Knights all the time when they break down or in need for some other reason, raising money for Red Knights, staying in contact with a fallen members significant other.



On October 21, Mass-4 hosted their annual Tim Jackson Memorial Ride with stops at the Worcester 6 memorial and the Red Knights Memorial.

# 5th Annual Yankee Rally Registration Packet

**\*\*PLEASE PRINT OUT THIS PACKET AND MAIL WITH YOUR CHECK OR MONEY ORDER FOR YOUR TOTAL COST\*\***

Registration forms and fee should be mailed via USPS to:

RKMC Yankee 2019

c/o Robert Binnall

129 Rowe St.

Auburndale

Ma.02466

Questions?

Contact: rk2019yankeerally@gmail.com

**Make checks/money order in U.S. funds payable to: RKMA 15**

Registration will start on October 1, 2018 and will be closed on April 1, 2019.

**ALL REGISTRATIONS MUST BE PAID BY CHECK/MONEY ORDER IN U.S. FUNDS. NO CASH, CREDIT OR PAYPAL & ARE NON-REFUNDABLE**

**\*THIS IS A PACKAGE DEAL ONLY\***

**THIS IS A FAMILY ORIENTED EVENT! BRING THE KIDS!**

**Dates: Friday May 31, 2019**

**Saturday June 1, 2019**

**Sunday June 2, 2019**

## **BEST WESTERN ROYAL PLAZA HOTEL**

181 Boston Post Rd. West Marlborough Ma. 01752 Tel: 508-460-0700

**\* When reserving your room, you MUST tell them you are with the "Red Knights Yankee Rally" to get our group rate = \$139.99+/night\* Room rate comes with a full buffet breakfast each morning for up to four people, per room**

Thursday, Friday and Saturday from 10 am – 4pm the Red Knights memorial hall will be open for all to view. We will also have people at the memorial so that you can get your picture taken with your motorcycle and your camera.

Saturday there will be a Group Ride ending at the Red Knights Memorial and a dinner back at the host hotel (included in registration fee)

Sunday Farewell Breakfast (included in room fee)

This event is FAMILY FRIENDLY!

There is a separate registration form for children age 12 and under (see page 3).

# Red Knights International Firefighter Motorcycle Club

## 5th Annual Yankee Rally 2019

### Hosted by Massachusetts Chapter 15

Registration will start on October 1, 2018 and will be closed on April 1, 2019.

**ALL REGISTRATIONS MUST BE PAID BY CHECK/MONEY ORDER IN U.S. FUNDS & ARE NON-REFUNDABLE. NO CASH, CREDIT OR PAYPAL!**

**CHECKS/MONEY ORDERS SHOULD BE MADE OUT IN U.S. FUNDS TO: RKMA 15**

**Dates: Friday May 31, 2019 through Sunday June 2, 2019**

**Location: Best Western Royal Plaza, 181 Boston Post Rd. West Marlborough Ma. 01752**

Registration cost per adult: \$60.00      Number of Adults Attending: \_\_\_\_\_ X \$60.00 = TOTAL \_\_\_\_\_

Registration Cost per child: \$35.00      Number of Children Attending: \_\_\_\_\_ x \$35.00 = TOTAL \_\_\_\_\_  
(Child: 12 years and under)

Rally Tee Shirt (ONE Included in registration) please choose size for each attendee listed below:

|            |       |        |       |        |         |          |
|------------|-------|--------|-------|--------|---------|----------|
| Driver:    | SMALL | MEDIUM | LARGE | XLARGE | XXLARGE | XXXLARGE |
| Passenger: | SMALL | MEDIUM | LARGE | XLARGE | XXLARGE | XXXLARGE |

Additional Adult Tee Shirt  
(Please choose size/ Qty):

|        |        |        |        |         |          |
|--------|--------|--------|--------|---------|----------|
| SMALL  | MEDIUM | LARGE  | XLARGE | XXLARGE | XXXLARGE |
| X \$20 | X \$20 | X \$20 | X \$20 | X \$20  | X \$22   |

\$ \_\_\_\_\_

Additional Adult **LONG** sleeve shirt  
(Please choose size/ Qty):

|        |        |        |        |         |          |
|--------|--------|--------|--------|---------|----------|
| SMALL  | MEDIUM | LARGE  | XLARGE | XXLARGE | XXXLARGE |
| X \$25 | X \$25 | X \$25 | X \$25 | X \$25  | X \$27   |

\$ \_\_\_\_\_

Additional Youth Tee Shirt  
(Please choose size/ Qty):

|        |        |           |          |          |               |
|--------|--------|-----------|----------|----------|---------------|
| XS 2-4 | SM 6-8 | MED 10-12 | LG 14-15 | XL 18-20 | Special Size: |
| X \$10 | X \$10 | X \$10    | X \$10   | X \$10   | X \$10        |

\$ \_\_\_\_\_

**\*\*see page 3\*\***

One shirt is included for each child registered

ONE Challenge Coin will be included in ADULT registration fee.

Additional Challenge coin(s)-PRE ORDER ONLY!- \$10/each.

Total Additional Challenge coins ordering      Qty:      X \$10 each coin

\$ \_\_\_\_\_

# *Red Knights International Firefighter Motorcycle Club*

## 5th Annual Yankee Rally 2019

### Hosted by Massachusetts Chapter 15

5th Annual Yankee Rally Glass Mug - PRE ORDER ONLY! - Not included in Registration

Total Yankee Rally Glass Mug(s) ordering:

|      |                   |    |
|------|-------------------|----|
| Qty: | X \$15 each glass | \$ |
|------|-------------------|----|

Yankee Rally Pin - PRE ORDER ONLY! - Not included in Registration:

Total Yankee Rally Pin(s) ordering:

|      |                 |    |
|------|-----------------|----|
| Qty: | X \$10 each pin | \$ |
|------|-----------------|----|

Dinner (included in Registration fee) will be on Saturday. Will you attend?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

A Farewell Breakfast (included in Room Fee) will be on Sunday. Will you attend?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

Total Registration Costs: \$

**CHECKS/MONEY ORDERS IN U.S. FUNDS SHOULD BE MADE OUT TO:**

**RKMA 15**

Driver Information - Name: \_\_\_\_\_ State Chapter/Affiliation: \_\_\_\_\_

Passenger Information - Name: \_\_\_\_\_ State Chapter/Affiliation: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

#### CHILD REGISTRATION FORM

\*\*A child is anyone age of 12 and under\*\*

Rally Tee Shirt (ONE Included in registration) Please choose size (YOUTH SIZES) for each attendee listed below.

We have sizes available in 6 months and up:

|                   |        |        |           |          |          |               |
|-------------------|--------|--------|-----------|----------|----------|---------------|
| Child Name: _____ | XS 2-4 | SM 6-8 | Med 10-12 | Lg 14-15 | XL 18-20 | Special Size: |
| Child Name: _____ | XS 2-4 | SM 6-8 | Med 10-12 | Lg 14-15 | XL 18-20 | Special Size: |
| Child Name: _____ | XS 2-4 | SM 6-8 | Med 10-12 | Lg 14-15 | XL 18-20 | Special Size: |
| Child Name: _____ | XS 2-4 | SM 6-8 | Med 10-12 | Lg 14-15 | XL 18-20 | Special Size: |

In case of emergency on-site number(s): \_\_\_\_\_

A dinner (included in Registration fee) will be on Saturday. Will the children attend? Yes      No

A Farewell Breakfast (included in Room Fee) will be on Sunday. Will the children attend? Yes      No

# Red Knights International Firefighter Motorcycle Club

5th Annual Yankee Rally 2019

Hosted by Massachusetts Chapter 15

## HOST HOTEL:

181 Boston Post Rd.

West Marlborough Ma. 01752

Tel: 508-460-0700

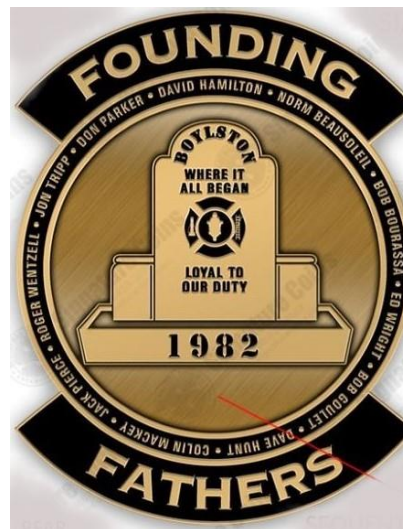
Any questions, please contact: : [rk2019yankeerally@gmail.com](mailto:rk2019yankeerally@gmail.com)

Artwork for Challenge coin, Tee Shirt, **Long** Sleeve Shirt, Yankee Rally Glass Mug and Vest Pin. The tee shirt and long sleeve shirt will be **RED** in color. The Yankee Rally Glass will have full color artwork on the front and rear.

Front Artwork:



Rear Artwork:



Vest Pin Artwork:

